**SHOT: Healthy Relationship Service – REFERRAL FORM**

Cardiff YMCA, The Walk, Roath, Cardiff, CF24 3AG

Tel: (029) 20465250 | E-mail: SHOT@ymcacardiff.wales

**The Healthy Relationship team provide group work for targeted groups of young people, we are unable to provide blanket RSE sessions so please consider this before making a referral.**

**One Group Per Form**

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| Group/Organisation:Key Contact:Address where session will be held: | Preferred Number of Sessions (Max 3 sessions):Preferred Dates of Session (please provide at least 3 options):  | Do any of the young people have Additional Learning Needs?If Yes, how can we best adapt our work to meet these needs: |
| Number of Young People Attending (Max 20): | Age Range of People Attending: | Session Time & Duration (Max session time 1H): |
| Are there any risks associated with the group that require a risk assessment for the SHOT session? |

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| **Sexual Health Issues** | **(Please Tick Below)** |
| Contraception Awareness |  |
| Sexually Transmitted Infection Awareness |  |
| Consent/Sex and the Law |  |
| Identifying Positive Relationships |  |
| Toxic Masculinity and Misogyny |  |
| Sexual Risk Taking (Inc. online) and Risky Behaviours |  |
| General Sexual Health Awareness |  |
| **Other Sexual Health/Healthy Relationships Subjects Not Listed Above:** |

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| **Reasons for Session:** |
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